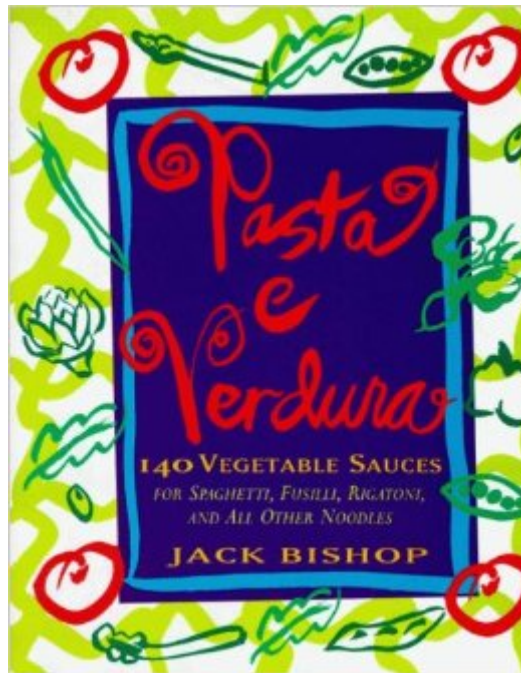


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Pasta E Verdura: 140 Vegetable Sauces For Spaghetti, Fusilli, Rigatoni, And All Other Noodles



Synopsis

140 recipes for cooks who love pasta and want to eat healthy meals that are delicious and satisfying.

Book Information

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Customer Reviews

There are few cookbooks that are as universally useful as this one. While the subject matter (pasta sauces) is limited, the situations in which you can use these recipes is almost limitless. The book contains simple recipes that make me think that my mom was slacking when she fed us bottled sauce when I was a child. And you can find elegant recipes that use unusual ingredients in imaginative ways. Best of all, you'll love this book if you're a budget-constrained novice (like my recent college-grad brother to whom I gave this book - many of the recipes are neither expensive nor difficult) or an accomplished cook, especially in Italian cooking, looking for new ways to prepare pasta. Regardless of your situation, you can find a good recipe in this book. Frankly, this book is indispensable if you want to cook interesting pasta. My copy is so stained from the many sauces that I've cooked that I have an extra "clean" copy that I'm saving for posterity. I have cooked recipes from this book for my Italian colleagues who were universally impressed by the results. And, quite honestly, I'm not sure if my wife would have married me if I hadn't delved into this book. The first time that I cooked "Spicy mixed peppers with basil and parmesan" was an unqualified success. This book contains over 100 great recipes for pasta sauces, but if you want suggestions for some specific ones (the type for which you'd bend a corner of a page if you were to give the book as a

gift) try (page numbers refer to the hardback version): Cheap sauces 1) Chopped broccoli puree with garlic (pg. 65) 2) Blanched broccoli with spicy black olive vinaigrette (pg. 67) 3) Aglio e olio (a great garlic and olive oil recipe) (pg. 148) 4) Pasta alla puttanesca (pg.

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